# Chase Morris Sudden Cardiac Arrest Prevention Act Frequently Asked Questions 2024 Update

- What is the Chase Morris Sudden Cardiac Arrest Prevention Act? Senate Bill 1921, updating original 2015 Senate Bill 239, the Chase Morris Sudden Cardiac Arrest Prevention Act is guidance on required training, necessary emergency plans, and drills for schools to be prepared in the event of a sudden cardiac arrest.
- Who is required to complete Sudden Cardiac Arrest (SCA) training? Coaches of athletic activities, school nurses, and athletic trainers are required to complete a sudden cardiac arrest training course.
- What training is required to be completed? Training offered by a provider approved by the State Department of Health; training in first aid, cardiopulmonary resuscitation, and use of automated external defibrillator. The training shall follow guidelines set by a nationally recognized, guidelines-based organization focused on emergency cardiovascular care.
- Where can I find approved SCA training?

**Provider:** National Federation of High Schools **Course:** Sudden Cardiac Arrest https://nfhslearn.com/courses/sudden-cardiac-arrest

**Provider:** Sports Safety International **Course:** CardiacWise 2.0 <u>https://sportsafety.com/cardiacwise/</u>

• Where can I find approved Training for certified CPR, First-Aid, and AED training (normally good for 2 years)

American Red Cross <u>https://www.redcross.org/take-a-</u> <u>class?utm\_source=RCO&utm\_medium=RCO\_Navigation\_Training\_Certification</u>

American Heart Association <u>https://cpr.heart.org/en/</u>

• What if my district/school uses a professional development platform to complete the SCA training?

SCA training is required annually before starting any of the season's practices. For questions about a particular SCA training being approved please email <u>MCH@health.ok.gov</u>

• What if my district/school uses a professional development platform to complete the CPR, First-Aid, and AED training?

The revised law requires annual training for SCA, CPR, First-Aid, and AED training. For those with unexpired CPR certification cards, a district online or in-person training that meets state and national guidelines may be substituted to meet the annual requirement.

# • What is required of the parent/legal guardian and student?

A student participating in or desiring to participate in an athletic activity and the student's parent, or legal guardian will need to review and sign the Athlete/Parent/Guardian Sudden Cardiac Arrest Symptoms and Warning Signs Information Sheet developed by the OSDH and the Oklahoma State Department of Education (OSDE).

# • Where can I find Parent forms for my district/school to use?

- $\circ \ \underline{https://oklahoma.gov/content/dam/ok/en/health/health2/documents/osdh-osde-athlete-parent-sca-info-form.pdf}$
- $\circ \ \underline{https://oklahoma.gov/content/dam/ok/en/health/health2/documents/correct-scadocumentspanish.pdf}$

# • What does each school need to do?

Each public school in the state shall develop a sudden cardiac emergency response plan which shall be formulated by a school site administrator and presented to the school district board of education for approval.

# • What shall be included in the plan?

- Establish and provide membership of a sudden cardiac emergency response team, for each school site which shall include a site administrator;
- Activate the team in response to a sudden cardiac arrest;
- Implement automated external defibrillator (AED) placement and routine maintenance within the school;
- Communicate and disseminate the Sudden Cardiac Emergency Response Plan throughout the school campus;
- Requires the response team to practice the plan with periodic drills;
- Coordinate with local emergency medical service providers that provide services to the school;
- Address athletic events and facilities at each middle and high school site;
  - a. An AED shall be placed at each athletic venue or be accessible within 1-3 minutes where practice or competitions are held or;
  - b. A mobile AED device shall be on the premises following national guidelines.

#### • Where can I find the bill in its full version?

o Chase Morris Sudden Cardiac Arrest Prevention Act (oscn.net)

- What if my district's training is not one of the approved trainings? For approval for your district's Professional Development Platform for SCA please send an email to: <u>MCH@health.ok.gov</u> with the details of the training.
- What counts as Certified CPR, First-Aid, AED training? For certified CPR training including Heartsaver or BLS (Basic Life Support) with First Aid and AED training.
  - American Red Cross <u>https://www.redcross.org/take-a-</u> <u>class?utm\_source=RCO&utm\_medium=RCO\_Navigation\_Training\_Certification</u>
  - American Heart Association https://cpr.heart.org/en/
- Do I have to have CPR, First-Aid, and AED training if my card is still in date? Due to Certified CPR cards being good for 2 years, the year that certified CPR is not required, necessary staff may complete district CPR/First Aid/AED training following the legislative **annual** training requirement. Training can include an online platform that the district uses for Professional Development following state and national guidelines or in-person professional development in the district.
- How do I create a Sudden Cardiac Emergency Response Plan?
  - Resources and samples for the development Sudden Cardiac Emergency Response Plan:
    - <u>PDFfiller Cardiac Emergency Response Plan.pdf</u>
    - <u>Cardiac Emergency Response Plan Parent Heart Watch</u>
    - <u>Cardiac Emergency Response Plan CERP | American Heart Association CPR & First Aid</u>